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COLLAGEN INFUSION THERAPY

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Collagen infusion therapy is the perfect treatment for aging skin. Freeze-dried collagen masks enhance moisture levels, hydrate, improve functions of skin capillaries, recover loss of firmness and elasticity, even color tone, and oxygenate and stimulate natural skin collagen production. Collagen infusion therapy also produces visible plumping of the skin around the eyes, mouth, and forehead. This specialized facial not only provides a tightening of the skin, but also moisturizes, plumps, and reduces wrinkles for up to three weeks. Ideally, clients are encouraged to return for a facial every three to four weeks; the average cost of this facial is between \$150 and \$180 for 60 to 90 minutes.



This unique and luxurious treatment infuses collagen and elastin nanomolecules into the skin. The result is younger and suppler skin after just one treatment with natural dry-freeze collagen sheet masks. For the best results, choose German masks, which are made from the highest quality medical-grade, freeze-dried, insoluble collagen fibers. It is also preferable to have fragrance-free, hypoallergenic products to avoid any reactions. These masks come dry, are soaked in an activator solution, and then molded to the client's face for 20 minutes.

STEP-BY-STEP PROCEDURE

- 1.** Start by cleansing the client's face with a gentle, milky cleanser. To hydrate aging skin, it is advised to use a mild, fragrance-free cleanser that is based in aloe vera, chamomile, and vitamin E; thoroughly remove the cleanser with warm water.
- 2.** Mix ½ teaspoon of an enzyme mask with warm water to make a soft paste. Apply the mask to the client's entire face.



- 3.** Turn on the steam and ozone and point to the client's face so that the mask stays moist and the enzymes remain active. If a steamer is not available, use a moist, hot towel over the mask to keep it from drying. This mask should exfoliate and cleanse the pores, making it perfect to use before extractions.

- 4.** Remove the mask with warm water after 10 minutes has passed.

- 5.** Once the mask is removed, perform light, manual extractions if the client has congested pores. Remember to change tissues often in order to prevent the spread of bacteria.

- 6.** Apply a fragrance-free massage cream to the client's face and perform a European massage. This type of facial massage not only tones the muscles, but also stimulates the blood circulation. When finished, remove any remaining residue.

- 7.** Another great addition to use with collagen infusion therapy, under a pure collagen mask, is hyaluronic acid ampoule. Start by wrapping the top of the ampoule with a tissue and snapping it open. Apply one-third of the ampoule to the palm of the hand and then to the client's entire face, focusing on any wrinkle-prone areas.



- 8.** Spray the client's face with pure collagen-elastin liquid. This product serves as an activator for the collagen mask, as well as a light, oil-free hydrator.

- 9.** Once the spraying is complete, fold the mask in half over the client's face, mark and cut the mask around the nose area. Immediately apply the dry collagen mask over the face and spray the mask with pure collagen elastin liquid while gently molding the mask to the face and throat with sponges.



- 10.** Slide over the neck and face with a galvanic machine (positive side upward) in order to increase absorption for the first 10 minutes. Allow 10 additional minutes for the active soluble collagen to penetrate by osmosis. Leave the mask on the client's face for minimum of 20 minutes.

- 11.** Once the mask is removed, apply a peptide moisturizer to the entire face.

- 12.** Conclude the treatment by applying sunscreen to the client's entire face and neck. ☞



Dasha Saian is the co-founder and marketing director of SAIAN® Natural Clinical Skin Care and has over 15 years of experience in the spa industry. In addition to her Business/Marketing degree, she is a licensed aesthetician, certified nutrition and wellness consultant, and certified family herbalist. Saian gives lectures and classes internationally and regularly contributes to global trade publications. She is an expert adviser on natural living, alkaline diet, alternative oncology protocols, and positive body image.