

Acne Treatment Step-By-Step

Treatment

This unique procedure treats acne naturally without parabens or benzoyl peroxide. The result is a clear, bright, even and smooth complexion just after one treatment. This facial is perfect for teen skin, sensitive skin, and even hormonal acne. [SAIAN Skin Care](#) is formulated to benefit all skin tones and ethnicities, and are easy to use in the treatment room, and at home. Home care with [SAIAN](#) is always advised.

Protocol

1. Before starting the treatment, prepare a pair of gloves, and 2 bowls of water - one warm, and one cool. Cleanse the face with [SAIAN Active Cleanser](#). This foamy cleansing gel contains 10% Alpha Hydroxy Acid to kill germs and bacteria, seaweed extracts to nourish and strengthen capillary walls, and rosehip seed extract. Remove the cleanser with warm water thoroughly.
2. Saturate glycolic applicator swabs with [SAIAN Salicylic Acid 2%](#), and gently buff the face upward from both sides until the client feels a light tingling. For your first time client, keep the Salicylic acid on the face for a maximum of 2 minutes. You may later increase the time as your client's tolerance increases. Remove [SAIAN Salicylic Acid](#) with cool water after 1-2 minutes.
3. Mix a ½ teaspoon of [SAIAN Enzyme Mask](#) with warm water to make a soft paste. Apply [SAIAN Enzyme Mask](#) to the whole face for 10 minutes. Turn on the steam and the ozone, and point to the client's face, so the mask stays moist, and the enzymes are active. If you don't have a steamer, use a moist hot towel over the Enzyme mask to keep it from drying up. This mask is based on bentonite clay, oats, and pineapple enzymes, which exfoliate and cleanse out the pores. [SAIAN Enzyme Mask](#) is perfect before extractions. Remove [SAIAN Enzyme Mask](#) with warm water.
4. Perform Manual extraction. Change tissues often to prevent the spread of bacteria.
5. Use your [SAIAN portable high-frequency](#) machine over the blemished areas for 3-5 minutes. Before use don't forget to ask your client if she is pregnant or has a pacemaker. Our portable machine has 4 attachments and is great for a mobile spa business.
6. Apply a thin layer of [SAIAN Active Rx Mask](#) to overly oily and blemished areas for 15 minutes. [SAIAN Active Rx Mask](#) is based on bentonite clay, sulfur, camphor, magnesium, hyaluronic acid, salicylic acid, and oxygen plasma. Wash off the [Active Rx Mask](#) with warm water.
7. Spray with [SAIAN Herbal toner](#). It doesn't contain any oil, and is a beautiful bouquet of herb extracts based on witch hazel and aloe.
8. Apply [SAIAN Acne Spot Treatment](#). Don't shake the bottle, so that the sediment stays on the bottom and the liquid is on the top. Dip a q-tip to the bottom of [SAIAN Acne Spot Treatment](#), and apply only to blemishes. It contains minerals such as magnesium and iron which kill germs and bacteria without leaving discoloration. When finished, close the container tightly and throw away the q-tip. Do not double dip with the same q-tip into the container.
9. Use the [SAIAN Cryo-Globes](#) to massage the face upward to close the pores and minimize redness.
10. The final step is to spray the client's face with [SAIAN Sunscreen Mist SPF 29](#). This water-based sunscreen is perfect for all skin types, and contains no oil, no alcohol and no fragrance.



Suggested Retail For Home Care

>> **SAIAN® Acne Spot Treatment** This all-natural spot treatment treats break-outs overnight. Kills germs and bacteria, disinfects and dries blemishes to treat even the most severe and cystic acne without leaving red spots and discoloration. No added color, fragrance, glycerin, fillers or preservatives – all natural, and 100% pure. This product is the winner of *Les Nouvelles Esthétiques & Spa Magazine's* Best of The Best Awards 2013 and 2016!



>> **SAIAN® Active Cleanser** This foaming gel cleanser contains 10% Alpha-Hydroxy Acid that is designed to kill blemish-causing germs and bacteria. Help dissolve any dead skin cells, make-up residue and debris on the surface of the skin and deeply cleanse the pores. Based on Seaweed Extract and Rose-Hip seed Oil, this cleanser is completely vegan and natural.